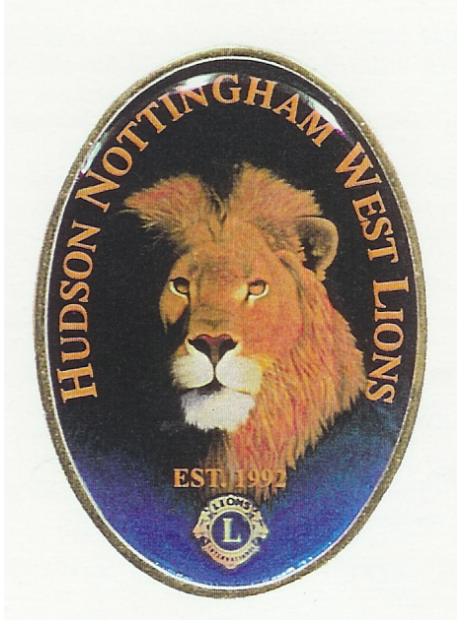


# THE LIONS TALES



September 2007

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## PRESIDENT'S MESSAGE



Greetings!

Our annual Nottingham West cookout is now behind us 'till next year. In keeping with the broiling weather, we broiled, grilled, and cooked to a fair-thee- well – plenty of food and goodies enjoyed by all. The weekend was an ongoing treat that continued on Sunday at Rockingham Park where we enjoyed another of our summer events, the annual Day at the Races. Hope everyone had a great time at either or both events.

Thanks to everyone who attended District Governor Charlene's first cabinet meeting. We showed our true colors as a united and active club.

This month, the USA/Canada Forum will take place on the 6<sup>th</sup> through the 8<sup>th</sup> and the Lions Memorial Service will be held at the Cathedral of the Pines on September 23<sup>rd</sup>. Directions and transportation can be coordinated at our next meeting, which will be on September 4<sup>th</sup> at 6:30 in the new Valentino's Restaurant on Lowell Road in Hudson. See you Tuesday!

Regards,

Lion Rick



**FROM THE FIRST VP**

Hello everyone,

Can't believe that this weekend is Labor Day! Summer just flew by. A great big "THANKS" to King Lion Rick and Lion Blanche for hosting our annual cook-out! We all had a good time even though it was extremely hot – some enjoyed the pool, and the rest of us were thankful for the "big" fan. Food was delicious as always!

Day at the Races was another fun day, though I don't think there were a lot of big winners. I know that our table didn't do very well. One of the waitresses won the lottery ticket raffle! She was very excited and happy!

Don't forget our first meeting is on Tuesday, September 4th at Valentino's Restaurant on Lowell Road (new strip mall) at 6:30 PM. We will be ordering from the menu. See you there!

Until next month stay coooo!!!!!!!!!!!!!!

Lion Diane  
1st VP



**From the District Governor**

Thank you to everyone who joined me in Moultonborough at my first Cabinet Meeting. I appreciate your support.

This month, I am looking forward to visiting the Nashua Lions. Otherwise, I will see all of you on Tuesday at our first ever meeting at the new Valentino's Restaurant in Hudson.

Lion love,

DG Charlene  
"Stop and smell the roses!" – Anonymous



**LION ANNE'S WORDS OF WISDOM**

"Health is the thing that makes you feel that now is the best time of the year." Source: Franklin P. Adams, American journalist (1881 – 1960)



**HAPPY BIRTHDAY TO:**

Lion Karine Cherry – September 13<sup>th</sup>  
Lion Blanche Morgan – September 18<sup>th</sup>

Lion Lillian Bellisle – September 17<sup>th</sup>  
Lion Anne Shaver – September 28<sup>th</sup>



## CALENDAR:

### District events

(excerpt from District newsletter)

- 09/06-08:** USA/CANADA FORUM – Grand Rapids, MI  
**09/22:** Hudson Lions Club Golf tournament – Whip-o-will Golf Club Hudson, NH  
**09/29:** Hudson Lions Club 60th Anniversary – Crowne Plaza, Nashua, NH  
**10/01:** Litchfield Lions Golf Tournament – Passaconaway Golf Course

### Local events

- 09/04:** Regular meeting  
**09/06-08:** USA/CANADA FORUM – Grand Rapids, MI  
**09/08:** Bingo  
**09/18:** Regular meeting  
**09/23:** Lions Memorial Service – Cathedral of the Pines



## SUNSHINE COMMITTEE

Best birthday wishes to September babies Karine, Lillian, Blanche, and Anne. Have a great day, ladies!



## EDITOR'S NOTES

Correction: the email address listed for Lion Diane Tate in our 07-08 directories should read: [tatemempep@aol.com](mailto:tatemempep@aol.com). Please make a note in your book. Thanks.

The answer to July's trivia question was answered 'out of sequence' at the July Mystery Ride meeting, where winner Shirley Lambiris correctly identified Jimmy Durante as the 50's TV personality who signed off his shows, by saying, "Goodnight, Mrs. Kalabash, wherever you are." This question should have been answered in August at the cookout.

However, the question from our June newsletter that should have been answered in July was overlooked completely. In June, you were asked to name the baby Lion, whose picture appeared on the last page of the letter.

Sooooo, since we did not bring up the Trivia question at the August cookout and thereby catch up on the June question, everyone will have a second chance at winning the June trivia question along with their usual shot at winning the August trivia question, both of which will be answered in September. Rare and valuable prizes will be awarded. Don't miss this opportunity! A chance like this will not come again. In case any of you have discarded your newsletters (hard to imagine, but we are sure it happens occasionally), we have reproduced the questions below.

June question:

Who is the baby Lion:



August question:

Who said, "Kowabonga, Buffalo Bob!"

Find out the answers to both questions on September 4<sup>th</sup>.



### **Diabetes Awareness (information from MedicineNet.com website)**

Your blood sugar can increase to dangerous levels if you eat too much. It can also become elevated if you do not take prescribed medications in the appropriate doses on the recommended schedule. If your blood sugar becomes too high, you can become seriously ill. If your blood sugar stays high, especially for prolonged periods of time, you may develop diabetes complications that may damage the heart, eye, foot, kidney, and other parts of the body. Keep in mind that your blood sugar may become too low, as well.

- Eat approximately the same amount of food each day.
- Eat meals and snacks at about the same time each day.
- Do not skip meals or snacks.
- Take medication at the same time each day.
- Exercise on a regular schedule each day.



### **TRIVIA QUESTION**

Who said, "I meant to do that," as he fell off his bicycle? Find out next month.

